

# TRANSITIONING TEEN/ YOUNG ADULT PROGRAMMING



Many transitioning teens/ young adults with developmental disabilities find navigating the “real world”, challenging and difficult. We provide supports that lead individuals to happier, more independent lives.

We recommend our free consultation to determine the supports may help transitioning teens to create a vision and plan that will lead to future success.

We also invite parents to join us for a monthly “Coffee & Conversation” to discover their own supports and solutions among other parents of teens/adults with challenges.

Come experience a place where you/ your child share in a supportive community that knows and understands your struggles and celebrates your gifts and talents.



*turn to us!*

COLLEGE & CAREER  
PREPARATION

INDEPENDENCE/  
LIFE SKILLS

INDIVIDUAL &  
GROUP THERAPY

BEHAVIOR SUPPORT

MUSIC THERAPY

FAMILY NAVIGATION

GROUP SOCIAL  
EXPERIENCES

PARENT SUPPORT  
GROUPS & EDUCATION

**SPECTRA**

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